

Kindness Matters

IHM is celebrating kindness the week of April 15, 2024. This celebration will focus on being kind to yourself, showing kindness to others, and bringing about kindness in our community.

Monday April 15

Kindness in our Community:
Student will have a presentation from Twinning Parish Batahola. Students will present donations raised from the Egg Fundraiser.



**DO SMALL THINGS
WITH GREAT LOVE**

Thursday April 18

Kindness toward others:
A special blessing of protection will be given at mass over the students for Child Abuse Awareness Month. Additionally, teachers will select either a book or video to promote celebrating individuality.

Tuesday April 16

Kindness toward ourselves:
Grades 4-8th presentation from Mary Vicario on *Balancing our Brains for Learning*. Grades K-3, grade level presentation on prayer and movement- how to calm and be more peaceful.

Wednesday April 17

Kindness toward others:
PTO presents all grades with the annual program- Everybody Counts. Each grade level will focus on struggles that individuals often are faced with, such as physical disabilities, mental health struggles, medical illnesses and learning struggles.

Friday April 19

Kindness toward others:
The student body will gather together to celebrate and present Magnified Giving the funds raised for Melody Makers Music of Cincinnati Children's Hospital.

Wednesday April 17: 6:30-8:00

Kindness in Parenting:

All parents are invited to a Parent Education Evening. Administration has invited Mary Vicario to speak on *Balancing our Brains for Learning*. Parents will learn the neurobiology of stress, so to help youth return to regulation and connection, creating resilient and cooperative individuals.